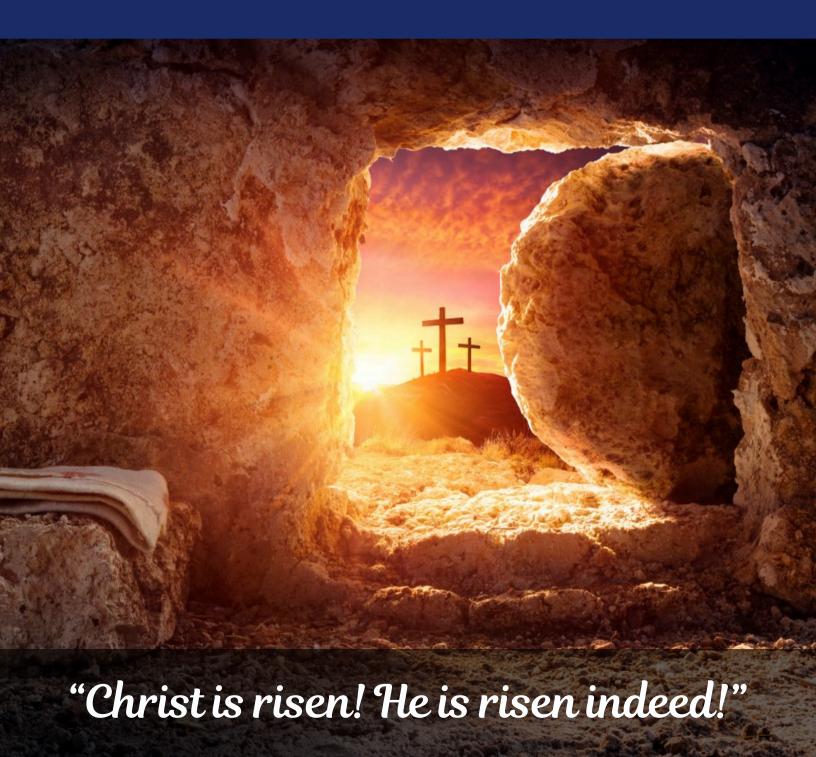
KNIGHTS OF COLUMBUS

NEWSLETTER

St. Ignatius of Antioch Council 7621





APRIL						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

UPCOMING EVENTS

April 04	Lenten Dinner
April 10	Business Meeting
	& "Into the Breach
April 13	Palm Sunday
April 14	KC Fourth Degree
	Meeting
April 17	Holy Thursday
April 18	Good Friday
April 20	Easter Sunday
April 26	KC Fourth Degree
	Exemplification

IMPORTANT UPDATE:

Business meeting (7pm) & "Into the Breach" session (8pm) dates have been changed to April 10th.



LENTEN DINNER

Join us for our final KC Lenten Dinner on April 4th from 4-7pm!

ADULTS (16+ YRS) = \$14 (Dinner is 2-4 oz. Cod Fillets)

CHILDREN (9-15 YRS) = \$9 (Dinner is 1-4 oz. Cod Fillet)

KID'S DEAL (8 & UNDER) =\$4

(1 slice of pizza OR mac 'n' cheese; both include cookie and a drink)





GRAND KNIGHT'S NOTE -SIR PHIL HOYLE

Greetings, Brothers of Council 7621! Happy Easter!

As we celebrate the glorious resurrection of our Lord and Savior, Jesus Christ, we are reminded of His infinite love and the gift of eternal life through His sacrifice. The risen Christ calls us to renew our faith, filling our hearts with hope and guiding us to live out His message of compassion and service. As faithful Catholics, we are blessed to walk this journey together, strengthened by the sacraments and the teachings of our Church, which continue to inspire us to grow in holiness and love.

As we continue our Lenten dinners, we will especially need everyone's help where they can to serve our fellow parishioners. Come help out and join in fellowship with your brother knights and neighbors!! A heartfelt thank you to all who have helped, especially the young teens on their journey to confirmation.

"But the angel said to the women, 'Do not be afraid; I know that you are looking for Jesus who was crucified. He is not here; for he has been raised..." Mathew 28: 5-6

In the spirit of the Knights of Columbus, who uphold the principles of charity, unity, and fraternity, let us be a beacon of Christ's light in our families and communities. May this Easter season renew our commitment to serve others selflessly, just as Christ served us. Wishing you and your loved ones a blessed and joy-filled Easter, surrounded by His grace and peace!

A warm welcome to our new Knights and those returning! Remember, we are here for each other—please reach out to our brothers in need.

Vivat Jesus!

Phil Hoyle Grand Knight

Grow our Council, Support our Parish, Grow as Catholic Men in Charity, Unity, Fraternity



DISTRICT DEPUTY NOTE SIR DAVID CREAMER

Brother Knights,

As is the annual reminder, we must concentrate on "Prayers, Fasting, and Giving". Prayers are merely a reminder that we should communicate more with God to put us in the right frame of mind.

Fasting does not necessarily deal only with food. We can avoid harmful words, anger, pessimism and worrying, and just trust in God. We can also avoid complaining, fast from bitterness and selfishness, and avoid harsh words. The trick is to avoid all that is negative and dwell on positive actions and ideas. Being charitable is always a good way to be, but we should give of ourselves through our time and talents along with monetary gifts.

Lent is a magical season where we can feel closer to God (and should) to show that we are doing the right things. Please participate in your council's activities to bring out the best results and the best of us all so that we can receive the ultimate gift that God offers, if we deserve it.

May God bless us for all that we do, and I hope that you all have a Happy and Joyous Easter.

Vivat Jesus!

David Creamer
District Deputy 37



"Do not abandon yourselves to despair. We are the Easter people and hallelujah is our song."

- Pope Saint John Paul II

My dear brother Knights,

In a few weeks we will celebrate the central mysteries of our faith: the Passion, Death, and Resurrection of Christ. The Sacred Triduum is the most holy of our celebrations. Beginning with the sign of the cross at 7pm on Holy Thursday evening and ending with the final blessing on Easter Sunday morning ... these days constitute one extended liturgy which culminates in the birth of new Christians during the Easter Vigil.

It all begins on Sunday, April 13, when Holy Week begins with Palm Sunday of the Lord's Passion. One minute we will shout for joy as we welcome Christ into the Jerusalem of our hearts and then a few minutes cry "Crucify Him!, Crucify Him!" On Monday the 14th at 6:30pm, we will remember the Passover as we celebrate the traditional Jewish Seder meal. (Be sure to get your tickets now).

The Sacred Triduum begins at 7pm on Thursday, April 17, as we celebrate the Mass of the Lord's supper and remember His call to service. Afterwards, we will wait with Him in the Garden of Gethsemene until midnight. On Good Friday, we remember the Lord's Passion, according to St. John and venerate the True Wood of the Cross. On Saturday, April 19, we will wait at the tomb until the Great Easter Vigil begins after sunset (8pm). During this Liturgy, the womb of the Church opens and Christians are born. The celebration continues the next day with our Easter Masses (April 20).

Please mark your calendars and plan on attending. When you arrive in Church, be sure to ask if the ministers of hospitality (ushers) need help.

I pray that this Holy Week will truly be a celebration of Hope for you and your loved ones!

7.Bill

Fr. Bill Swengros Chaplain



Fr. Edward J. Farrell Assembly #1774

St. Vincent de Paul Catholic Church 4843 Mile Stretch Dr, Holiday, FL 34690

Next Meeting is: Monday, April 14th 7:00 PM



Knights of Columbus

FOURTH DEGREE **EXEMPLIFICATION**

REACH YOUR HIGHEST POTENTIAL

The Fourth Degree is a group of outstanding Knights, dedicated to promoting patriotism enlightened by their Catholic faith. These Knights, distinguished by exemplary deeds for God, for country, and the Order, are united by the Fourth Degree to support religious, civic, and charitable causes.

Fourth Degree members belong to local units called assemblies. Each assembly is involved in a wide range of public patriotic activities.

Each assembly maintains a Fourth Degree Color Corps and Honor Guard. Uniformed members wearing the Official Uniform, and swords participate in special civic and religious ceremonies. For this reason, the Fourth Degree is often called the visible arm of the Knights of Columbus.

ELIGIBILITY

To qualify for the Fourth Degree, one must:

- 1. Be over 18 years of age.
- 2. Be a member in good standing with your Council.
 - 3. Be a practical Catholic.

CHARITY UNITY FRATERNITY PATRIOTISM

For Further Information Contact: Registration ends April 19 Robert Urrutia PSD, Master Florida Jurisdiction 407-486-7883 Robert.S.Urrutia84@gmail.com https://www.floridakofc.org/April-

Exemplification

April 26, 2025

Our Lady of the Angels 12905 State Road 70 East Lakewood Ranch, FL 34202

Registration at 9:30 AM Exemplification at 11:00 AM Banquet at 1:00 PM Mass at 3:30 PM



KOC #7621 SPONSOR'S CPR/AED TRAINING

MARCH 15, 2025

Knights of Columbus #7621, Tarpon Springs, FL sponsored an adult CPR/AED training and certification session in conjunction with the Tarpon Springs Fire Rescue Department.

The course was taught by Deputy Chief Administration Richard Walsh. The Council opened this valuable training to all members of the Council, neighboring Councils and the members of the Parish at large. The class size was limited to twelve due to classroom space constraints, we had a few trainees out sick and one away on business, so our class convened with eight members present.

Deputy Chief Walsh gave a thorough overview of current CPR practices which have evolved over the years. For those who took CPR training years ago, it was a sorely needed refresher. Since there were ample training mannequins, each trainee had one to start the hands-on portion of instruction. For those who have never done this type of training, it's not as easy as it looks to do it "right", but as Chief Walsh kept impressing on us, poorly done CPR is far better than no CPR at all.

After a while, the trainees got into the rhythm of compressions. Once we showed some proficiency with the compression portion, Chief Walsh then instructed the class on the rescue breathing portion of a cycle of CPR. The class then integrated those two techniques of compression breaths, (compressions till we had done a full cycle of CPR which takes about two minutes). It might not sound like much, but take my word, it's a workout. Due to the physical demands of CPR, ideally you should have someone to alternate with; two minutes on and two minutes off until the EMT's arrive. This is the critical window that could either mean life or death for someone, perhaps someone you know.

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The second portion of this session centered on the AED device. No doubt you have seen these mounted on the wall in your parish or business. The big question is, could you operate this life saving device in an emergency? The short answer is yes. Open the AED, push the power button and follow the prompts. If you are alone, don't stop doing CPR trying to figure this tool out. Wait for a second person to come along and spell you on compressions/breathing or let them run the AED.

Once you apply the pads, the machine will determine if the person needs a shock. It will instruct you to keep hands off while it administers a jolt of electricity. The unit will automatically reset in about two minutes and ready itself for another shock if needed.

Although it's not part of the official training protocol authorized by the American Heart Association and the American Red Cross, while you're going about the business of compressions/breaths/AED utilization, I strongly recommend slipping in a few prayers along the way. Pray for the poor soul who was stricken and needs recovery, and for yourself for the strength and fortitude to keep up that heroic lifesaving effort.

A few questions were raised about the AED equipment itself; it does have a shelf life. The battery is only good for approximately four years, and the electrode shock pads have a life of two years. Does your parish or business have a protocol in place that periodically checks these units for battery and electrode life? If the battery is dead, or the electrodes have failed due to age, it's useless. Next issue; is the device "readily accessible" at all times? Since many Parishes lock certain portions of buildings when not in use, you don't want the AED behind a locked door when needed.

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In conclusion, Tarpon Springs, FL now has eight newly certified CPR/AED responders. Our Councils fund many events over the course of a year. This training might be the difference between life or death. If your Council doesn't currently sponsor this program in your parish and community, perhaps it's time to discuss doing so.

-Steve Thomas, Community Director, Trustee, Council 7621







BAPTISMAL PROGRAM

This April, we have seven individuals who will be baptized as Catholic.

SATURDAY. APRIL 5TH:

Michael Thomas Terrol

Officiant: Fr. Joseph Pellegrino Baptism Team: John & Barbara Donnell

SATURDAY, APRIL 19TH:

- Marcela Cecilia Charrer Isabella Zapote Perez
- Holden Whit Midkiff
- Ryley Jeane Welker
- Wolfgang Thomas Midkiff
- Jaxon Wilson Welker

Officiant: Fr. Bill Swengros