

Sacred Heart Holy Hour



SACRED HEART HOLY HOUR

Leader:

Welcome to this Sacred Heart Holy Hour. During this hour, we will hear readings from Sacred Scripture and reflections from Pope Francis on the Sacred Heart of Jesus. We will pray the Divine Mercy Chaplet, prayers to the Sacred Heart and have the opportunity for silent prayer. The Knights of Columbus are proud to coordinate this holy hour and hope that it will lead all present to grow in our love for God and devotion to His Most Sacred Heart.

EXPOSITION
Please kneel.
"O Salutaris Hostia"



**O salutáris Hóstia, quae caeli
pandis óstium, bella premunt
hostília: da robur, fer
auxílium.**

*O saving Victim, opening wide
The gate of Heaven to man below;
Our foes press hard on every side;
Thine aid supply; thy strength
bestow.*

Uni trinóque Dómino sit
sempitérna gloria, qui vitam
sine término nobis donet in
pátria. Amen

*To thy great name be endless
praise,*

*Immortal Godhead, One in Three.
Oh, grant us endless length of days,
In our true native land with thee.
Amen.*



SACRED SILENCE

Liturgy of the Word

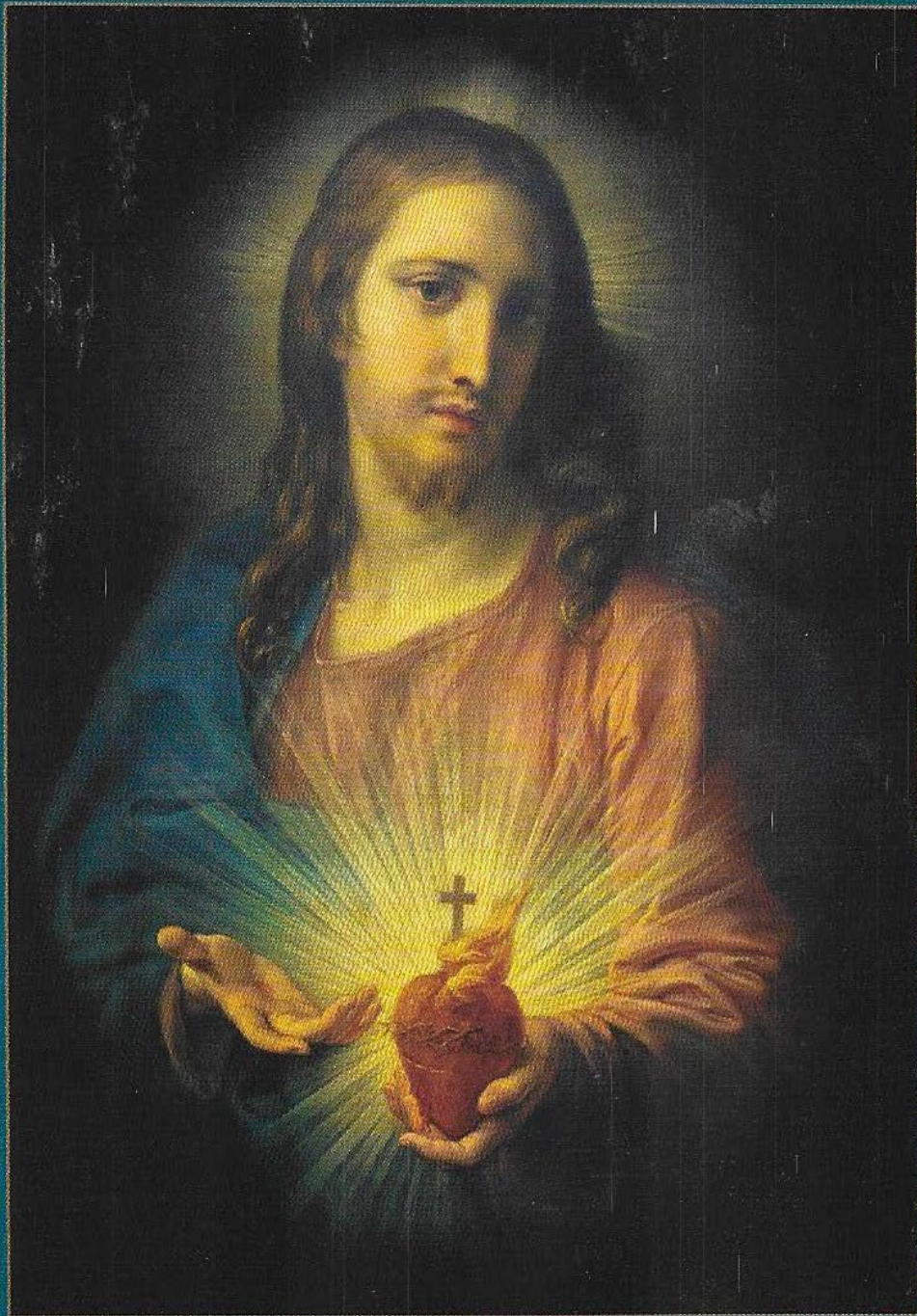
Opening Prayer

Leader: Let us pray.

Clothe us, Lord God, with the virtues of the Heart of your Son and set us aflame with his love, that, conformed to his image, we may merit a share in eternal redemption.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

AMEN

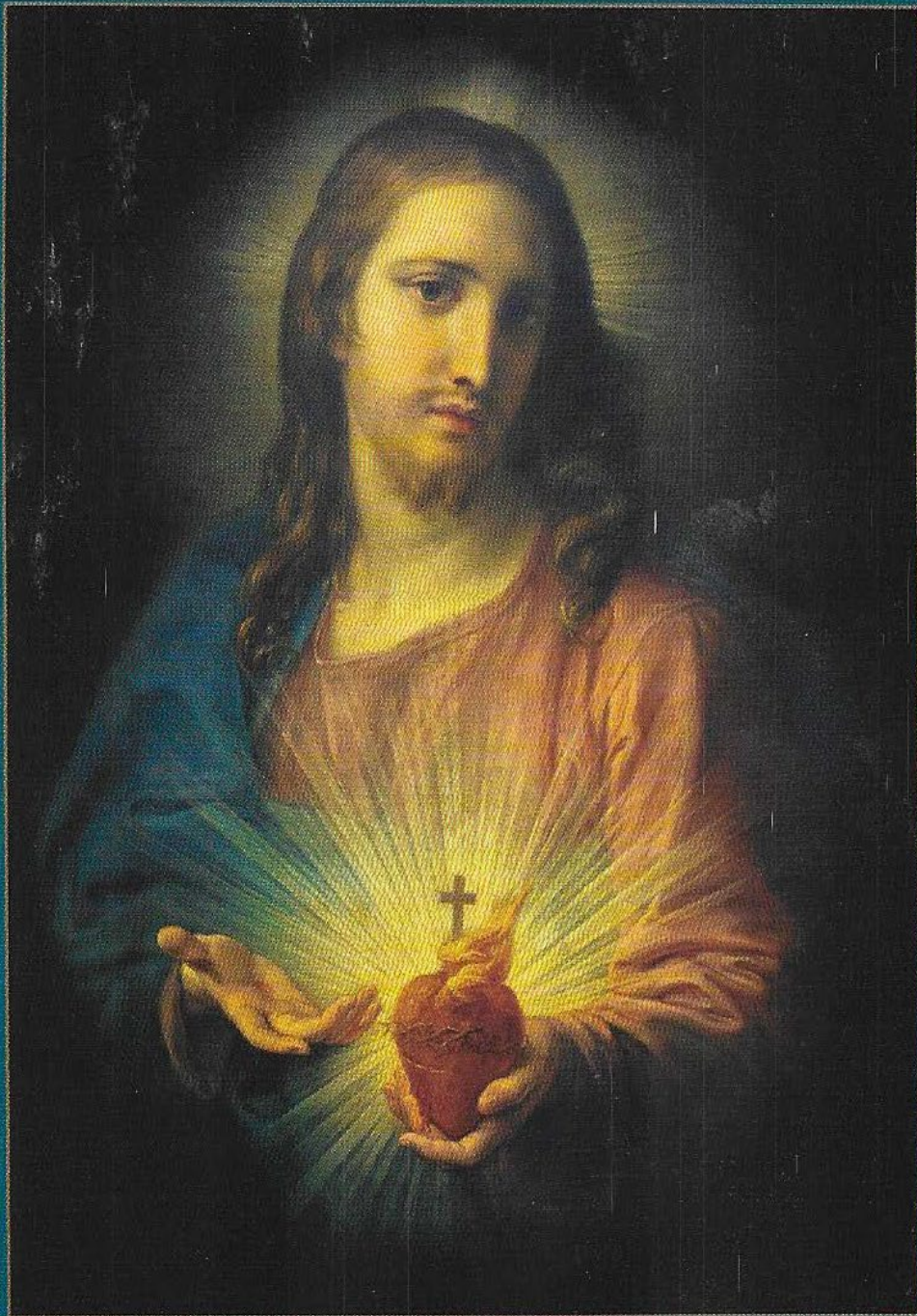


Thus says the LORD:
When Israel was a child I loved him,
out of Egypt I called my son.
Yet it was I who taught Ephraim to
walk, who took them in my arms;
I drew them with human cords,
with bands of love;
I fostered them like one
who raises an infant to his cheeks;
Yet, though I stooped to feed my
child,
they did not know that I was their
healer.

My heart is overwhelmed,
my pity is stirred.
I will not give vent to my blazing anger,
I will not destroy Ephraim again;
For I am God and not a man,
the Holy One present among you;
I will not let the flames consume you.

The word of the Lord.

R: Thanks be to God.



R: You will draw water joyfully from the springs of salvation.

God indeed is my savior;
I am confident and unafraid.

My strength and my courage is the LORD,
and he has been my savior.

With joy you will draw water at the fountain
of salvation.

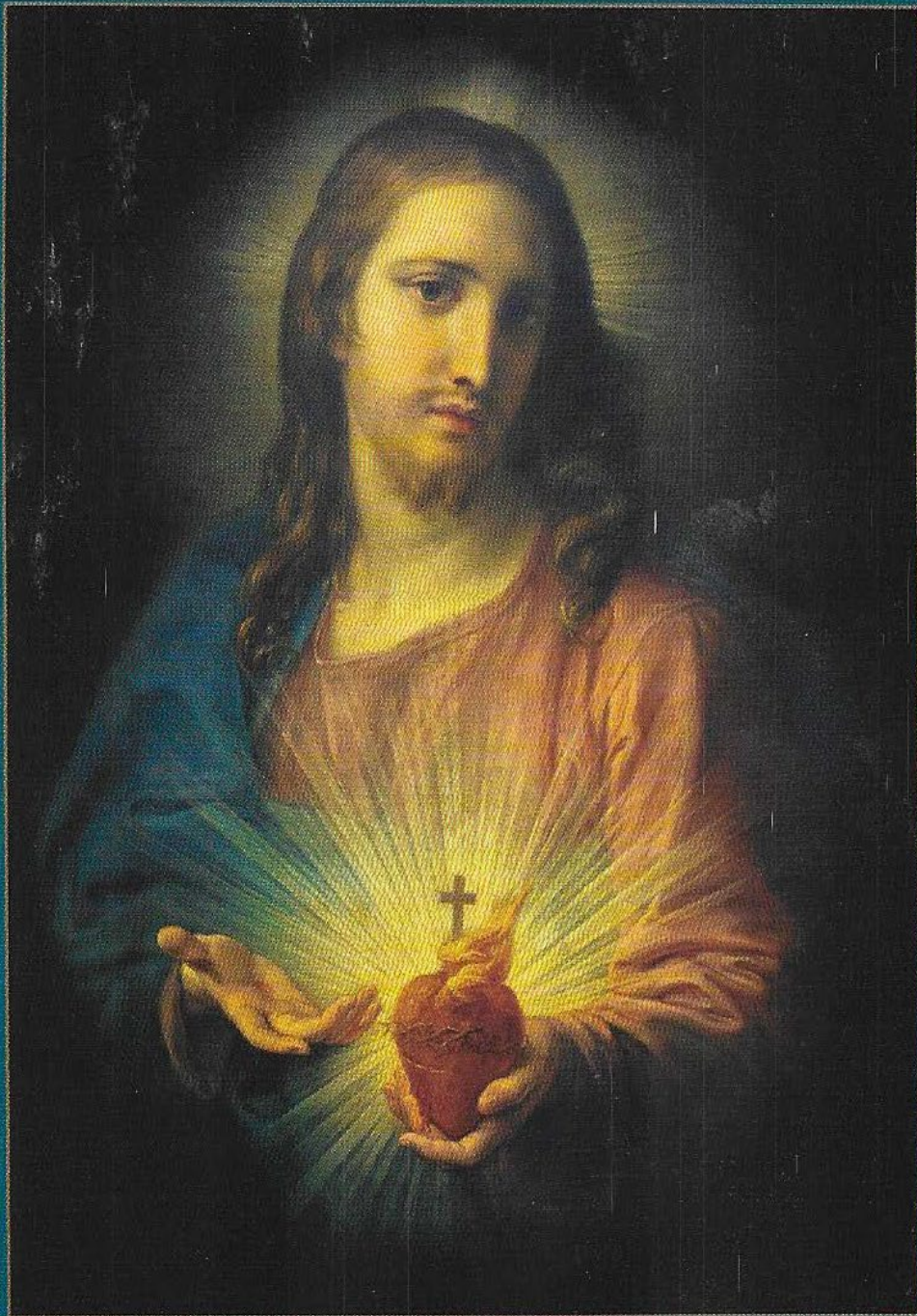
R: You will draw water joyfully from the springs of salvation.

Give thanks to the LORD, acclaim his name;
among the nations make known his deeds,
proclaim how exalted is his name.

**R: You will draw water joyfully from
the springs of salvation.**

Sing praise to the LORD for his glorious
achievement;
let this be known throughout all the earth.
Shout with exultation, O city of Zion,
for great in your midst
is the Holy One of Israel!

**R: You will draw water joyfully from
the springs of salvation.**



Brothers and sisters:

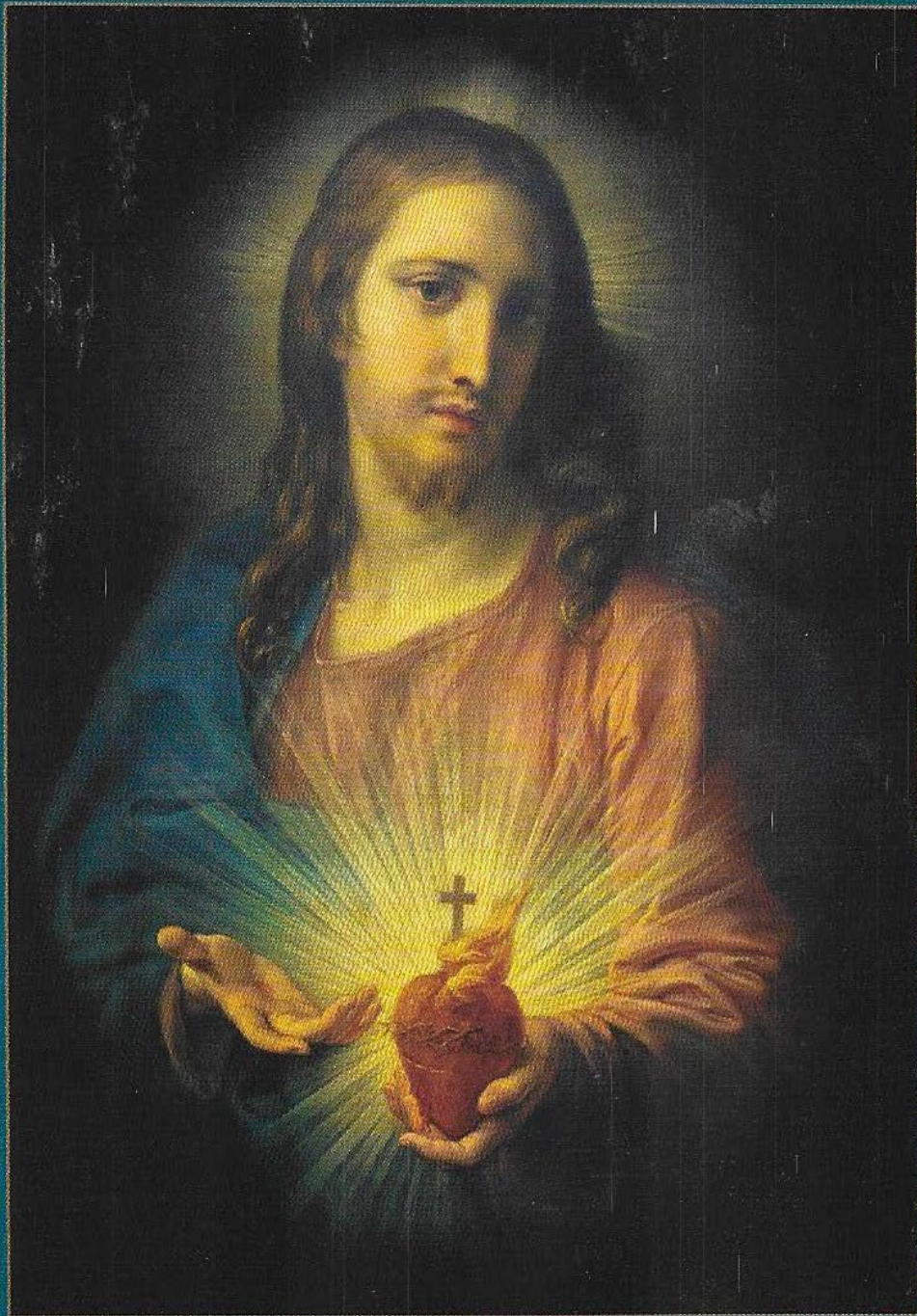
**To me, the very least of all the holy ones,
this grace, was given, to preach to the
Gentiles the inscrutable riches of Christ,
and to bring to light for all what is the
plan of the mystery hidden from ages
past in God who
created all things, so that the manifold
wisdom of God
might now be made known through the
church
to the principalities and authorities in
the heavens.**

**This was according to the eternal purpose
that he accomplished in Christ Jesus our
Lord, in whom we have boldness of speech
and confidence of access through faith in
him.**

**For this reason I kneel before the Father,
from whom every family in heaven and on
earth is named, that he may grant you in
accord with the
riches of his glory
to be strengthened with power through his
Spirit in the inner self, and that Christ may
dwell in
your hearts through faith;**

that you, rooted and grounded in love,
may have strength to comprehend with all the
holy ones what is the breadth and length and
height and depth,
and to know the love of Christ which
surpasses knowledge, so that you may be
filled with all
the fullness of God.

The word of the Lord.
R Thanks be to God.



**Since it was preparation day,
in order that the bodies might not
remain on the cross on the sabbath, for
the sabbath day of that week was a
solemn one, the Jews asked Pilate that
their legs be broken and they be taken
down.**

**So the soldiers came and broke the legs
of the first and then of the other one who
was crucified with Jesus.**

But when they came to Jesus and saw that he was already dead, they did not break his legs, but one soldier thrust his lance into his side, and immediately blood and water flowed out.

An eyewitness has testified, and his testimony is true; he knows that he is speaking the truth, so that you also may come to believe.

**For this happened so that the Scripture
passage might be fulfilled:**

Not a bone of it will be broken.

And again another passage says:

**They will look upon him whom they have
pierced.**

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

REFLECTIONS





DIVINE MERCY CHAPLET

(Repeat three times)

**O Blood and Water, which gushed
forth from the Heart of Jesus as a
fount of mercy for us,**

I trust in You!

**Our Father, Hail Mary, Apostle's
Creed**



DIVINE MERCY CHAPLET

**Our Father, who art in heaven,
hallowed be thy name, thy kingdom
come, thy will be done on earth as it
is in heaven.**

**Give us this day, our daily
bread, and forgive us our
trespasses, as we forgive those
who trespass against us, and
lead us not into temptation, but
deliver us from evil.**



DIVINE MERCY CHAPLET

Hail Mary, full of grace, the Lord is with you. Blessed art thou among women and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

Amen



DIVINE MERCY CHAPLET

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son,
our Lord, who was conceived by the Holy
Spirit, born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried; he
descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the
Father almighty;
from there he will come to judge the living
and the dead.



DIVINE MERCY CHAPLET

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.**



**Eternal Father, I offer you the
Body and Blood, Soul and
Divinity of Your Dearly
Beloved Son, Our Lord,
Jesus Christ, in atonement for
our sins and those of the whole
world.**

***(On the 10 Small Beads of Each
Decade)***

**For the sake of His sorrowful
Passion, have mercy on us and on
the whole world.**

(Repeat three times)

Holy God,
Holy Mighty One,
Holy Immortal One,

have mercy on us
and on the
whole world.





Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

Lord, have mercy

Lord, have mercy.

Christ, have mercy

Christ, have mercy.

Lord, have mercy

Lord, have mercy.

Christ, hear us.

Christ, hear us.

Christ, graciously hear us.

Christ, graciously hear us.

God our Father in heaven,

have mercy on us.*

The response is: **have mercy on us.**

God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, one God,

Heart of Jesus, Son of the eternal Father,
Heart of Jesus, formed by the Holy Spirit in
the womb of the Virgin Mother,
Heart of Jesus, one with the eternal Word,
Heart of Jesus, infinite in majesty,
Heart of Jesus, holy temple of God,
Heart of Jesus, tabernacle of the Most High,
Heart of Jesus, house of God and gate of heaven,
Heart of Jesus, aflame with love for us,
Heart of Jesus, source of justice and love,
Heart of Jesus, full of goodness and love,
Heart of Jesus, well-spring of all virtue,
Heart of Jesus, worthy of all praise,
Heart of Jesus, king and center of all hearts,
Heart of Jesus, treasure-house of wisdom
and knowledge,

The response is: **have mercy on us.**

Heart of Jesus, in whom there dwells the
fullness of God,
Heart of Jesus, in whom the Father is Well pleased,
Heart of Jesus, from whose fullness we
have all received,
Heart of Jesus, desire of the eternal hills,
Heart of Jesus, patient and full of mercy,
Heart of Jesus, generous to all who turn to you,
Heart of Jesus, fountain of life and holiness,
Heart of Jesus, atonement for our sins,
Heart of Jesus, overwhelmed with insults,
Heart of Jesus, broken for our sins,
Heart of Jesus, obedient even to death,
Heart of Jesus, pierced by a lance,
Heart of Jesus, source of all consolation,
Heart of Jesus, our life and resurrection,
Heart of Jesus, our peace and reconciliation,
Heart of Jesus, victim of our sins,
Heart of Jesus, salvation of all who trust in you,
Heart of Jesus, hope of all who die in you,
Heart of Jesus, delight of all the saints,

Lamb of God, you take away the
sins of the world, *spare us, O Lord.*

Lamb of God, you take away
the sins of the world, *graciously hear us, O Lord.*

Lamb of God, you take away
the sins of the world, *have mercy on us.*

Jesus, gentle and humble of heart,
touch our hearts and make them like your own.

AN ACT OF REPARATION

**Most loving Jesus,
how great is the love which you have
poured out upon the world.**

**How casual and careless is our
response!**

**Kneeling before you, we wish to atone
for the indifference and the slights
which pierce you to the heart.**

***Praise to the heart of Jesus, our
Savior and our God.***

AN ACT OF REPARATION

**We ask forgiveness for our own
shameful neglect.**

**We wish to make amends for those
who are obstinate in their unbelief, for
those who turn away from the light
and wander like sheep without a
shepherd;**

**and for those who have broken their
baptismal promises
and reject the gentle yoke of your law.**

***Praise to the heart of Jesus, our
Savior and our God.***

AN ACT OF REPARATION

**We wish to make amends for the sins
of our society:**

**for lust and degradation,
for corruption of the young,
for indifference and blasphemy,
for attacks against your Church,
for irreverence and even sacrilege
against your love in this blessed
sacrament,
and for the public defiance of your
law.**

***Praise to the heart of Jesus, our
Savior and our God.***

AN ACT OF REPARATION

**These are the sins for which you died,
but now we share in your atonement
by offering on the altar in union with**

you

the living sacrifice you made on the

cross,

joining to it the sufferings of your

Virgin Mother,

and those of all the saints and the

whole Church.

***Praise to the heart of Jesus, our
Savior and our God.***

AN ACT OF REPARATION

**We promise faithfully
that by your grace
we shall make reparation for our own
sins**

**and for those of others
by a strong faith,
by holy living,**

**and by obedience to the law of the
Gospel,
whose greatest commandment is that
of charity.**

***Praise to the heart of Jesus, our
Savior and our God.***

AN ACT OF REPARATION

**We also promise to do our best
to discourage others from insulting
you**

and bring those we can to follow you.

***Praise to the heart of Jesus, our
Savior and our God.***

AN ACT OF REPARATION

**Jesus, Lord,
receive this loving act of homage
together with the prayers of our Lady,
who stood by the cross,
our model in reparation.
Keep us faithful, even to the point of
death,
give us the gift of perseverance
and lead us all to our promised land in
heaven,
where you, with the Father and the Holy
Spirit,
live and reign for ever and ever. Amen.
*Praise to the heart of Jesus, our Savior
and our God.***

ACT OF CONSECRATION TO THE SACRED HEART

St. Margaret Mary Alacoque

I give and consecrate to the Sacred Heart of our Lord Jesus Christ my person and my life, my actions, penances, and sufferings, not wishing to make use of any part of my being for the future except in honoring, loving, and glorifying that Sacred Heart. It is my irrevocable will to be entirely his, and to do everything for his love, renouncing with my whole heart whatever might displease him.

ACT OF CONSECRATION TO THE SACRED HEART

St. Margaret Mary Alacoque

**I take you then, O most Sacred Heart,
as the sole object of my love, as the
protector of my life, as the pledge of
my salvation, as the remedy of my
frailty and inconstancy, as the repairer
of all the defects of my life, and as my
secure refuge in the hour of death. Be
then, O Heart of goodness, my
justification before God the Father,
and remove far from me the
thunderbolts of his just wrath.**

ACT OF CONSECRATION TO THE SACRED HEART

St. Margaret Mary Alacoque

O Heart of love, I place my whole confidence in you. While I fear all things from my malice and frailty, I hope all things from your goodness.

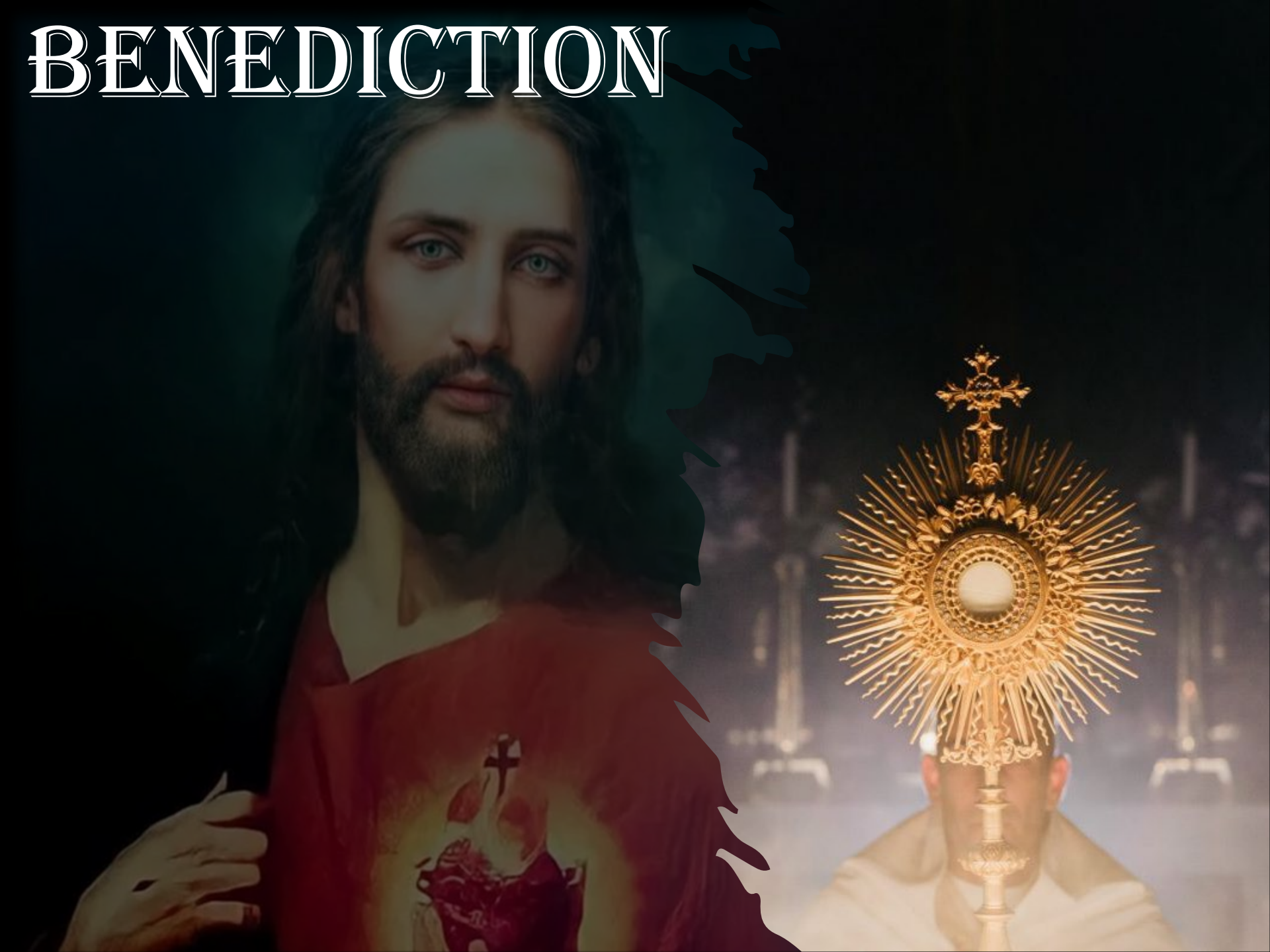
Consume then in me whatever can displease or be opposed to you, and may your pure love be so deeply impressed upon my heart that it may be impossible that I should ever be separated from you or forget you.

ACT OF CONSECRATION TO THE SACRED HEART

St. Margaret Mary Alacoque

**I implore you, by all your goodness,
that my name may be written in you,
for in you I wish to place all my
happiness and all my glory, living and
dying in very bondage to you.
Amen.**

BENEDICTION



**Tantum ergo Sacraméntum
Venerémur cérnui:
Et antiquum documéntum
Novo cedat ritui:
Praestet fides suppleméntum
Sénsuum deféctui.**

**Genitóri, Genitóque
Laus et jubilátio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedénti ab utróque
Compar sit laudátio.
Amen.**

Presider: Let us pray.

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign for ever and ever.

All: Amen.

THE DIVINE PRAISES

All:

Blessed be God.

Blessed be his holy Name.

**Blessed be Jesus Christ, true God and
true man.**

Blessed be the Name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

**Blessed be Jesus in the most holy
Sacrament of the altar.**

**Blessed be the Holy Spirit, the
Paraclete.**

THE DIVINE PRAISES

All:

**Blessed be the great Mother of God,
Mary most holy.**

**Blessed be her holy and Immaculate
Conception.**

Blessed be her glorious Assumption.

**Blessed be the name of Mary, Virgin and
Mother.**

**Blessed be Saint Joseph, her most
chaste Spouse.**

**Blessed be God in his Angels and in his
Saints.**

CONCLUDING PRAYER

Leader:

O Most Sacred Heart of Jesus, pour down your blessings abundantly upon your Church, upon the Supreme Pontiff, and upon all the clergy; give perseverance to the just, convert sinners, enlighten unbelievers, bless our parents, friends, and benefactors, help the dying, free the souls in purgatory, and extend over all hearts the sweet empire of your love.
Amen.

All: Amen.

HOLY GOD, WE
PRAISE THY NAME



**Holy God, we praise thy name;
Lord of all, we bow before thee!**

**All on earth thy scepter claim,
All in heav'n above adore thee;**

Infinite, thy vast domain,

Everlasting is thy reign.

Infinite, thy vast domain,

Everlasting is thy reign.

**Hark! the loud celestial hymn
Angel choirs above are raising;
Cherubim and Seraphim,
In unceasing chorus praising;
Fill the heav'ns with sweet
accord: "Holy, holy, holy Lord!"
Fill the heav'ns with sweet
accord: "Holy, holy, holy Lord!"**

**Holy Father, Holy Son,
Holy Spirit, Three we name thee;
While in essence only One,
Undivided God we claim thee;
And adoring, bend the knee,
While we own the mystery.
And adoring, bend the knee,
While we own the mystery.**

